



Tummy Tuck Consultation Checklist

Physicians Name: _____ Appointment Date/Time: _____

Telephone Number: _____ Physicians Address: _____

Procedure(s) I May Want Done: _____

Next Appointment Date/Time: _____ Surgery Date: _____

ABOUT MY PLASTIC SURGEON

- What are your credentials? (Board certified by the American Board of Plastic Surgery?)
- How long have you been practicing plastic surgery at this location? At which hospitals do you have admitting privileges?
- May I have references from past tummy tuck clients? May I see before & after photos?

LIPOSUCTION EXPERIENCE & INSURANCE

- How long have you been performing abdominoplasty surgery?
- How many times do you perform abdominoplasty in an average year?
- What procedures do you recommend for me to reach my goals? When should I consider surgery?
- Does the surgeon have malpractice insurance (just in case your ins. does not cover doctor?)

(Be sure to check **LipoSite.com** to get state-licensing agencies & double-check surgeon's status.)

ABOUT THE SURGICAL FACILITIES

- Where will the procedure be performed?
- Is the surgical facility accredited, and if so, by whom?
- Ask if you may have a tour of the facility.

SURGERY & MEDICINE

- What type of anesthesia will be used? Who will administer it? What credentials do they hold?
- Be sure to explain your pre-existing medical conditions and disclose any medications/supplements you take.
- What are the rules for food and drink before surgery?
- Which post-op medicines will I need?

TUMMY TUCK COSTS

- Does the cost of the procedure include anesthesia, surgical facilities, and miscellaneous charges?
- Are there fees for follow-up visits? If yes, how much are they?
- What is the deposit amount & due date? The final payment? Find out about the cancellation & refund policy.
- If I were to finance my tummy tuck procedure, where would I do it, how does it work, and how much would I owe?

THE ABDOMINOPLASTY PROCEDURE

- Description of the procedure: Which technique will be used? Why that technique?
- How long will the surgery/procedure take that day? How long before the surgery must I arrive? How long before I go home?
- In your experience, what complications have you seen in relation to this procedure? How can I expect to feel upon waking? Will I need a ride home?

POST-OPERATIVE CARE & HEALING

- Are there any special instructions I should follow once I get home? What are the supplies I should buy beforehand for my recovery?
- Will I need any special assistance in the days following abdominoplasty?
- What kinds of things should I be on the alert for that would indicate an emergency for which I should contact you?
- What are the emergency contact numbers for you / your practice?
- When can I: resume normal activity? drive? return to work? What will my healing process from tummy tuck be like? What should I expect?